

Advanced Biomechanics Series

With Liz Gaggini, MA

Winter 2010 in Las Vegas

Working With AA/PP Patterns – January 5 & 6, 2010

This 2-day class will look at assessing the dysfunctional asymmetry involved with AA/PP patterns. We will go into detail about how to assess and how to work out these most dysfunctional whole body asymmetries. We will also look at how not to create AA/PP with our work.

Using Indirect Work – January 8 & 9, 2010

In this 2-day class you will learn how to use the mid-tide and long tide to assess fascial rotations, joint alignments and trauma locations. You will learn a technique for comparing restriction sites to determine which is primary and which are secondary. You will also learn to use indirect techniques to release trauma and long held restrictions to realign deep tissues.

Cranial Patterns in Asymmetries – January 12, 13 & 14, 2010

The cranium responds to asymmetric patterns with predictable rotations and counter rotations. If this is not able to occur, then there can be significant problems with alignment throughout the cranium, jaw and upper neck. In this 3-day class you will learn to assess the position of the major bones of the cranium and how to use direct and indirect techniques to release and realign the fascia of this very important region.

These advanced classes are open to persons who have completed the Basic Biomechanics Series. If it has been over 6 years since you took the original series you might want to repeat the series or take the Legs and Arms class that is now an important addition to what you have previously studied.

There are two Basic Level Biomechanics Series in 2010, in March and April in Las Vegas and in June and August in Boston. You can repeat all or any section of the series for a full 50% discount on the tuition.

Costs: Series is \$1000, individually 2-Day classes are \$350 and 3-day class is \$500 if a deposit of \$400 for Series or \$200 for individual classes is received more than 30 days prior. Late registration is \$1200 for the Series, \$450 for 2 –day & \$600 for 3-day. Repeating students take 50% off the full tuition. Early deposit rules apply to repeating students. Send checks to Liz Gaggini at PO Box 44-116, 2600 South Road, Poughkeepsie, NY 12601. For credit cards use paypal.com, giving them the address, lizgaggini@gmail.com, as the payment destination.

Location and Times: 112 W 27th St, 4th Floor at Moving Body Resources in New York City. 10am to 6:00pm each day.

Credits: These classes are approved for Type One continuing education credits with the International Association of Structural Integrators.

Further information and detail on policies at www.ConnectiveTissue.com.

Location and Lodging



These classes will be held at the Emerald Suites Hotel on South Las Vegas Boulevard in Las Vegas, Nevada. This is collection of one and two bedroom apartment suites 2 miles south of the Las Vegas strip and 10 minutes from the airport. Each has a fully equipped kitchen, premium satellite TV and high speed internet. There is a Whole Foods Market about 1 mile from the hotel We have a special rate for these classes of \$336 a week for a one bedroom apartment and \$448 a week for a two bedroom. These rates include taxes and fees. This comes to \$42 and \$52 a night. This is better rate than you will find for the same level of accommodation in Las Vegas. To guarantee this rate you should reserve more than 30 days prior to the class. Phone [Emerald Suites Reservations at 866-847-2002](tel:866-847-2002) and tell them you want the rate for the [Liz Gaggini Group](#). If you have any problem being given the discount rate they can contact the event coordinator, Ellen Tiller.